

# SEAFOOD MEAL INGREDIENTS

MEAL	INGREDIENTS	ALLERGENS
Curried Mussels	Mussel ( <b>mollusc</b> ), onion, <b>wheat</b> flour, <b>milk</b> , butter ( <b>milk</b> ), salt, pepper, curry powder	<b>Mollusc, gluten, milk</b>
Seafood Chowder	Rice Bran Oil, Onions, Garlic, Capsicum, Carrot, Salt, Pepper, <b>Fish</b> , Smoked <b>Fish</b> , Mussels ( <b>Mollusc</b> ), Prawns ( <b>Crustacean</b> ), Milk, <b>Wheat</b> Flour, Cream ( <b>Milk</b> )	<b>Wheat, Milk, Gluten, Fish, Mollusc, Crustacean</b>
	FISH STOCK: <b>Fish</b> , Carrot, Onion, Parsnip, Celery, Dill, Bay Leaf, Parsley, Fennel Seed	
Smoked Fish Sauce	Rice Bran Oil, Onion, Smoked <b>Fish</b> , Salt, Pepper, Butter, <b>Wheat</b> Flour, <b>Milk</b>	<b>Milk, Gluten, Fish, Wheat</b>
Smoked Fish Meal	Rice Bran Oil, Onion, Smoked <b>Fish</b> , Butter ( <b>milk</b> ), <b>Wheat</b> Flour, <b>Milk</b> , Salt, Pepper, Potato, Chives, Peas, Carrots, Courgette	<b>Fish, Mollusc</b>
Seafood in Red Curry (GF)	Rice Bran Oil, Onions, Garlic, Capsicum, Mussels ( <b>Mollusc</b> ), <b>Fish</b> , Smoked <b>Fish</b> , Tomato, Cucumber, Coconut Milk, Co- conut Cream, Corn flour, Salt & Pepper  RICE: Jasmine  RED CURRY PASTE: Chilies, Galangal, Coriander, Cumin, Salt, Lemongrass, Kaffir Lime leaves, Garlic	<b>Fish, Mollusc</b>
Paua and Cream	Paua ( <b>mollusc</b> ), onion, cream ( <b>milk</b> )	<b>Mollusc, Milk</b>
Mussel Pork Sausages	Mussel ( <b>mollusc</b> ), pork, pork fat, onions, <b>milk</b> powder, curry powder	<b>Mollusc, Milk</b>
Mussel Pork Patties	Mussel ( <b>mollusc</b> ), pork, pork fat, onions, <b>milk</b> powder, curry powder	<b>Mollusc, Milk</b>

## SEAFOOD MEAL INGREDIENTS

MEAL	INGREDIENTS	ALLERGENS
Paua Pork Sausages	Paua ( <b>mollusc</b> ), pork, pork fat, garlic powder, <b>milk</b> powder, salt, pepper, white wine	<b>Mollusc, Milk</b>
Paua Savory Pies	Paua ( <b>mollusc</b> ), onions, corn flour, pas-try- <b>wheat</b> flour, water, margarine (palm oil) emulsifiers (471, 472c, salt, antioxidant (304)	<b>Gluten, Wheat, Mollusc</b>
Smoked Mussels Plain, Garlic, Chili	Mussel ( <b>mollusc</b> ), manuka wood smoke, Dried Garlic, Dried Chili	<b>Mollusc</b>