

TRADITIONAL KIWI MEAL INGREDIENTS (page 1)

ALLERGENS

Pork roast	<p>Pork, Onion, Garlic, Rosemary, Potato, Kumara, Pumpkin, Cauliflower, Broccoli, Peas, Salt, Pepper</p> <p>CHEESE SAUCE - Milk, Cheese (Milk), Wheat Flour</p> <p>GRAVY - Wheat Flour, Soy Sauce</p>	<p>Soy, Gluten, Milk, Wheat</p>
Lamb roast	<p>Lamb, Onion, Garlic, Rosemary, Potato, Kumara, Pumpkin, Cauliflower, Broccoli, Peas, Salt, Pepper</p> <p>CHEESE SAUCE - Milk, Cheese (Milk), Wheat Flour</p> <p>GRAVY - Wheat Flour, Soy Sauce</p>	<p>Soy, Gluten, Milk, Wheat</p>
Beef roast	<p>Beef, Onion, Garlic, Rosemary, Potato, Kumara, Pumpkin, Cauliflower, Broccoli, Peas, Salt, Pepper</p> <p>CHEESE SAUCE - Milk, Cheese (Milk), Wheat Flour</p> <p>GRAVY - Wheat Flour, Soy Sauce</p>	<p>Soy, Gluten, Milk, Wheat</p>
Chicken roast	<p>Chicken, Onion, Garlic, Rosemary, Potato, Kumara, Pumpkin, Cauliflower, Broccoli, Peas, Salt, Pepper</p> <p>CHEESE SAUCE - Milk, Cheese (Milk), Wheat Flour</p> <p>GRAVY - Wheat Flour, Soy Sauce</p>	<p>Soy, Gluten, Milk, Wheat</p>
Stuffing	<p>Bread (Wheat), Salt, Pepper, Butter (Milk), Onion, Capsicum, Apple</p>	<p>Wheat, Gluten, Milk</p>

TRADITIONAL KIWI MEAL INGREDIENTS (page 2)

ALLERGENS

Curried Sausages	<p>Rice bran oil, Hot curry powder, Wheat Flour</p> <p>BEEF SAUSAGES - Beef, Beef fat, Onion powder, Coriander powder, Cumin powder, Black pepper, Salt, Wheat</p> <p>Breadcrumbs, Curry powder</p> <p>BEEF STOCK - Beef bones, Water, Pepper, Carrots, Celery, Onions, Tomatoes, Parsley, Thyme, Coriander, Bay leaves, Apple cider vinegar</p> <p>VEGETABLES - Potato &/or Kumara</p>	<p>Gluten, Wheat</p>
Braised Beef	<p>Rice Bran Oil, Onions, Garlic, Onions, Carrots, Parsnips, Salt, Pepper, Soy sauce, Celery Seed, Mustard Seed, Ground Coriander, Wheat Flour</p> <p>BEEF STOCK - Beef bones, Water, Pepper, Carrots, Celery, Onions, Tomatoes, Parsley, Thyme, Coriander, Bay leaves, Apple cider vinegar</p> <p>VEGETABLES - Mashed Potato &/or Kumara (with Milk, Butter (Milk) & herbs)</p>	<p>Soy, Gluten, Wheat, Milk</p>
Savoury Mince	<p>Rice Bran Oil, Onions, Onions, Carrots, Mushrooms, Beef Mince, Coriander Powder, Cumin Powder, Celery Seed , Fennel Seed, Salt, Pepper, Wheat Flour, Kumara, Potatoes, Peas/Beans</p> <p>BEEF STOCK - Beef bones, Water, Pepper, Carrots, Celery, Onions, Tomatoes, Parsley, Thyme, Coriander, Bay leaves, Apple cider vinegar</p> <p>OPTIONAL VEGETABLES - Mashed Potato (with Milk, Butter (Milk) & herbs)</p>	<p>Wheat, Gluten, Milk</p>